

Slovakia Masters Championship Indoor 2020 February 22, 2020 (Saturday)

The competition will be held on :

February 22, 2020 (Saturday) at 09:30, in the Athletic Hall ELÁN, Bajkalská 7, Bratislava 48°09'51.31"N 17°08'25.47"E

The events of competition:

60 m, 200 m, 400 m, 800 m, 1500 m, 3000 m, 60 m hurdless, hight jump, pole vault, long jump, triple jump, shot put (weight by age category).

Start restriction:

Competitors can start in a maximum of three events.

Registration:

Registration of foreign competitors must be sent by e-mail to: **prihlasky.veterani@gmail.com** no later than February 18, 2020 (Tuesday) by 24:00. with the following details:

first and last name, full date of birth, club and disciplines.

The registration will be confirmed by e-mail.

A competitor's registration for more than three events will not be accepted.

Entry fee:

When a foreign competitor confirms the start, he/she will pay $10 \in$ per competitor. Entries after the deadline will be accepted only with the consent of the sport-technical delegate for a fee of $20 \in$.

Competition office:

It will be open in the hall on Saturday from 8:00 am until the end of the competition. Within 90 min. before the start of the first event the start of each competitor must be confirmed and the start list will be closed.

If a competitor fails to start after closing the entries, this will be excluded from further competitions according to athletics rules.

Basic heights and raising:

Men	Hight Jump: determined by the competition refery
	Pole Valt: 200, 220, 240, 260, 280, 300, 320, 330 and 10 cm further
Women	Hight Jump: determined by the competition refery
	Pole Valt: 160, 180, 200, 220, 240, 250, 260 and 10 cm further

Technical provisions:

- a) The presentation of competitors will end:
 - runs 15 min. before the start of the discipline,

jumps and shot put 30 min. before the start of the discipline, in the designated area, where the competitors will be led to the competition sectors. Part of the presentation is checking dress, starting numbers and shoes. Please note that video and audio players, radios, receivers, mobile phones and similar devices and equipment on the competition area are not allowed to be brought or used.

- b) Competitors may only warm up in the designated areas (places) during the race (they vary flexibly according to the disciplines).
- c) In shot put will be used implements with the plastic surface.
- d) In triple jump the distance of the reflector from the closer edge of the landing area shall be 11 m, 9 m and 7 m.
- e) Referees can check the spikes on athletes shoes. The maximum length of the spikes can be 6 mm.
- f) Only competitors, designated officials and referees have access to the hall area.
- g) Access to the hall area is only possible in clean shoes.

Start numbers:

Each competitor will receive two starting numbers during the presentation, which must be properly attached so that it is legible during the race.

Titles and awards:

The winner of each discipline is awarded the title of Slovak Champion for 2020 in ... (discipline) in the Masters category.

Competitors on 1st – 3rd place get a medal and a diploma.

Only members of SAZ may be the Slovak Champion and medalists.

The order of riders in the category of vintage cars shall be determined by the value of the recalculated performance according to the annual WMA coefficients.

The results will be published on www.masterstrack.sk and www.atletika.sk

The results will be sent on request for a fee of $5 \in$.

Economic security - payment:

Participants start at their own expense or at the expense of the sending organization.

Medical service:

A medical service will be available throughout the event.

Final provisions:

- a) It complies with the rules of the World Athletics and these propositions.
- b) Each competitor starts under his own responsibility and declares that he / she knows his / her health by logging in.
- c) Any amendments shall be made exclusively by the SAZ Sport and Technical Committee and shall be published in due time as binding official reports.
- d) The deployment of the competitors in the individual runs, including the draw of the lanes, the determination of the starting order and the progress key shall be determined by the Sporting Technical Delegate in the competition office.
- e) The organizer reserves the right to change the time schedule, he has the right, in agreement with the sporting technical delegate, not to allow the competitor to start if his start would affect the technical layout of the event.

PRELIMINARY TIMETABLE – Masters

M - Men M35 and older W - Women W35 and older

Saturday 22 February 2020

09:30 60 m Hu W F	Long Jump W, M	Pole Valt W, M
09:40 60 m Hu M F		
09:55 60 m W F		
10:05 60 m W F		
10:20 3000 m W		
10:50 3000 m M F		
11:15 1500 m W F		
11:40 1500 m M F	Triple Jump W, M	Shot Put W
11.10 1200 111 111	Tiple Julip W, M	
12:00 200 m W F	Hight Jump W, M	Shot I ut W
	1 1 /	Shot I ut W
12:00 200 m W F	1 1 /	Shot Put M
12:00 200 m W F 12:10 200 m M F	1 1 /	
12:00 200 m W F 12:10 200 m M F 12:25 800 m W F	1 1 /	
12:00 200 m W F 12:10 200 m M F 12:25 800 m W F 12:40 800 m M F	1 1 /	

The timetable is informative, the definitive timetable will be specified on Thursday, 20 February 2020 and will be published on <u>www.masterstrack.sk</u> and <u>www.atletika.sk</u>